ARE YOU PREPARED?

Some disasters strike without any warning. Have you thought about the supplies you will need the most? Make sure you have enough supplies to last for at least **three days and water to last 14 days**. Think about where you live and your needs. Consider having a large kit at home and smaller portable kit in your car or workplace.

Don't forget to think about infants, elderly, pets and family members with special needs!

Emergency Supplies List

- ☐ 1 gallon of water per person, per day for 14 days
- ☐ 3-day supply of non-perishable food (dried fruit, canned tuna fish, peanut butter, etc.)
- ☐ Can Opener
- ☐ Paper plates, plastic cups, and utensils, paper towels
- ☐ Moist towelettes, garbage bags and plastic ties for personal sanitation
- ☐ First Aid Kit
- ☐ Prescription medication and glasses
- ☐ Sleeping bag or warm blanket for everyone in your family
- ☐ Change of clothes to last for at least 3 days, including sturdy shoes; consider the weather where you live
- ☐ Matches in a waterproof container
- ☐ Toothbrush, toothpaste, soap, toilet paper, feminine hygiene products and other personal items
- ☐ Fire Extinguisher
- ☐ Wrench or pliers to turn off utilities
- ☐ Dust mask, and plastic sheeting and duct tape to help filter contaminated air
- ☐ Cell phone with charger, extra battery and solar charger
- ☐ Battery-powered AM/FM radio and extra batteries
- ☐ Flashlight with extra batteries
- ☐ Whistle to signal for help
- ☐ Household chlorine bleach and medicine dropper (when diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.)
- ☐ Local maps
- ☐ Cash or traveler's check
- ☐ Emergency reference material such as first aid book or information from www.ready.gov
- ☐ Important family documents such as copies of insurance policies, ID, bank records, and emergency contacts in a waterproof, portable container
- ☐ Infant formula and diapers
- ☐ Paper and pencils
- ☐ Books, games or puzzles
- ☐ Your child's favorite stuffed animal or security blanket
- ☐ Pet food and extra water for your pet

Additional items specific to your needs

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____